

Name: Colton Merrill, ATC, CPT		Grading Quarter: 4	Week 1 Beginning: March 17 th 2025
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	No school professional development day	Academic Standards:
Tuesday	Notes:	Objective: Recognize relevant skeletal anatomy for the shoulder. Lesson Overview: Start unit 13 the shoulder L 1 Shoulder Skeletal Anatomy	Academic Standards: 2.1 2.2 2.4
Wednesday	Notes:	Objective: Recognize relevant muscular anatomy for the shoulder Differentiate between common injuries and their mechanisms, signs, symptoms and treatments. Lesson Overview: L 2 Shoulder Muscular Anatomy.	Academic Standards: 2.1 2.2 2.3 6.1
Thursday	Notes:	Objective: Recognize relevant muscular anatomy for the shoulder Differentiate between common injuries and their mechanisms, signs, symptoms and treatments. Lesson Overview: L 2 Shoulder Muscular Anatomy. L 3 Shoulder Sprains and Strains	Academic Standards: 2.1 2.2 2.3 6.1

Friday	Notes:	<p>Objective: Differentiate between common injuries and their mechanisms, signs, symptoms and treatments.</p> <p>Lesson Overview:</p> <p>L 4 Shoulder Fx and Dislocations.</p>	Academic Standards: 2.2 2.3 2.4 6.4
--------	--------	--	---